

Bakken Young

Funeral & Cremation Services

Presents

The Grieving Brain

A Recording Through the Hospice Foundation of America

FREE! Join us via Zoom Webinar

Tuesday, February 25, 2025 | 6:30 - 8:00 PM



What does grief do to our brain? Using an integrative view of clinical psychology and cognitive neuroscience, Mary-Frances O'Connor, PhD, author of *The Grieving Brain*, shares her decades of research on how our brain reacts to the loss of a loved one and how it adjusts to life without that person, shedding new light on the trajectory of grieving while dispelling popular, unscientific models of grief.

- Have you wondered why grieving takes so long?
- Sometimes grieving makes me feel crazy, am I?
- Grieving is a form of learning, really?

Dr. O'Connor has a wonderful way of making something complicated accessible to all. She is a researcher who ALSO has magnificent teaching skills.

Mary-Frances O'Connor, PhD, is an associate professor of psychology at the University of Arizona, where she directs the Grief, Loss and Social Stress (GLASS) Lab, which investigates the effects of grief on the brain and the body. O'Connor earned a doctorate from the University of Arizona in 2004 and completed a fellowship at UCLA.

Register: bakken-young.com/event/grief-webinar

Questions? Contact Julia Rajtar, Grief Support Coordinator at 715-781-4003 or julia@bakken-young.com.

For more information go to bakken-young.com/grief-support-links.

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