

# BakkenYoung

Funeral & Cremation Services

## Grief Support Calendar July-December 2024

### Bakken-Young Picnic

Thursday, July 25, 2024

#### **Picnic on the Patio**

**Bakken-Young Funeral & Cremation Services**

**New Richmond, WI**

6:00pm-8:30pm

Grilled meat provided by Bakken-Young. Please bring a Pot Luck dish to share, a lawn chair & BYOB.

Click the link above for more information or go to our website, [grief support/calendar of events](#).

### Grief Support Groups

Bakken-Young Funeral & Cremation Services sponsors a six-week grief support group for adults who are grieving the death of a loved one.

*Currently, all grief groups are in person.*

#### Grief Group Held in New Richmond

Mondays, 6:00-7:00 pm

Sept 9, 16, 23, 30, Oct 7, 14, 2024

at New Richmond United Methodist Church

209 E Second Street, New Richmond, WI 54017

RSVP by Sept 8, with name, phone number, and email.

#### Grief Group Held in River Falls

Mondays, 6:00-7:00pm

October 21, 28, November 4, 11, 18, 25, 2024

at St. Bridget Catholic Church, Garden View Rm

211 East Division Street, River Falls, WI 54022

RSVP by Oct 18, with name, phone number, and email.

### **Bakken-Young Grief Webinar**

#### ***Mindful Holidays: Navigating Grief with Compassion and Presence***

Zoom Webinar

**Thursday, October 25, 2024 | 6:30pm—8:00pm CST**

Bakken Young Funeral and Cremation Services invites you to a free grief webinar for those coping with grief around the holidays.

**(add a link to flyer on web pg for more information)**

RSVP for our Grief Support activities to: **Julia Rajtar, Grief Support Coordinator, text or call 715-781-4003 or email [julia@bakken-young.com](mailto:julia@bakken-young.com)**. Visit [www.bakken-young.com/grief-support](http://www.bakken-young.com/grief-support) for more information about events, calendar, and resources.

### Living with a Suicide Death Support Group

Offers a place where adult suicide loss survivors (*family and/or friends whose special person has died by suicide*) can

- Feel less isolated by sharing their experiences with others who understand from their own personal experiences
- Experience a place where they can speak openly and where people will listen without judgment and truly understand
- Encounter an opportunity for loss survivors to learn from each other

**Once a month, 2nd Thursday of each month**

**6:00 pm—7:30 pm**

**Please call Julia Rajtar, Bakken-Young Grief Support Coordinator, AFSP Facilitator Trained, at 715-781-4003, for more information.**

### Coffee & Conversation

Make your own coffee and join us virtually through your cell phone or laptop via Zoom meetings.

This is a way to feel support during this time of grief and loneliness, and it is helpful to meet others and laugh together. Come regularly, twice a month on Fridays, for coffee and conversation.

**8:00-9:00am**

July 12

July 26

August 2

August 16

September 6

September 27

October 4

October 18

November 1

November 15

December 6

December 20

### Service of Remembrance

Bakken-Young's *Service of Remembrance* Holidays can be a difficult time after the death of someone special.

You and your family are invited to our facility, for this meaningful event of remembrance on either Tuesday, December 3, Bakken-Young New Richmond or Thursday, December 5, Bakken-Young River Falls 6:00 pm

An invitation will be forthcoming by mail in November.