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**Grief Support Calendar**

**January – June 2023**

**Virtual & In Person Grief Support Groups**

Bakken-Young Funeral & Cremation Services sponsors a six-week grief support group for adults who are grieving the death

of a loved one. Virtual Group is offered through Zoom meetings. An invitation will be sent after registration.

**Virtual Group:**

**Mondays, 6:00-7:00pm**

Jan. 23, 30, Feb. 6, 13, 20, 27, 2023

RSVP by Friday, Jan. 20, with your name, phone number and email. Register by calling or emailing Julia.

**In Person Group in River Falls:**

**Mondays, 6:00-7:00pm**

March 6, 13, 20, 27, April 3, 10, 2023

at St. Bridget Catholic Church

*Garden* *View Room*

211 East Division Street, River Falls, WI, 54022

RSVP by March 3 with, name, phone number and email. Register by calling or emailing Julia.

**Coffee & Conversation**

You make your own coffee and join us virtually through your cell phone or laptop via Zoom meetings.

This is a way to feel support during this time of grief and loneliness, and it is helpful to meet others and laugh together.

Come regularly, twice a month on Fridays,

for coffee and conversation from 8:00-9:00am.

**Jan 6, 20**

**Feb 3, 17**

**March 3,** **17, 31**

**April 14, 28**

**May 5, 19**

**June 2, 16**

**Upcoming Grief Support Webinar Events**

**For Professionals:**

National Alliance for Children’s Grief 2023 National Conference & Webcast:

***Supporting Children & Families Following an Overdose Death****,* Tuesday, March 21, 12noon-3pm, Bakken-Young Funeral & Cremation Services, New Richmond, WI. This event is relevant to anyone who works with children or is learning how to better work with children. For more information go to our website.

**For Bereaved:**

Watch for Bakken-Young’s upcoming webinar on ***Coping with Grief after a Substance use or Overdose Death***. This Zoom webinar will be offered late spring 2023. For more information watch our website.

**RSVP for our Grief Support Events to:**

**Julia Rajtar, Grief Support Coordinator**

**text, call 715-781-4003 or email**

**Julia@bakken-young.com**

**Visit our** [**Grief Support**](https://bakken-young.com/grief-support/) **page for more information on calendar of events, resources and grief and healing blog at:**

[**www.bakken-young.com**](http://www.bakken-young.com)

**Bakken-Young Funeral & Cremation Services** **info@bakken-young.com**

**New Richmond 715-243-5252**

**River Falls 715-425-8788**

*Grief Support events are Free.*

[**805 E Division Street PO Box 431 River Falls, Wisconsin 54022**](https://maps.google.com/maps?q=805+E+Division+Street+PO+Box+431+River+Falls,+Wisconsin+54022&hl=en&sll=37.6,-95.665&sspn=97.719672,181.757813&hnear=805+E+Division+St,+River+Falls,+Wisconsin+54022&t=m&z=16)

**715-425-8788**